

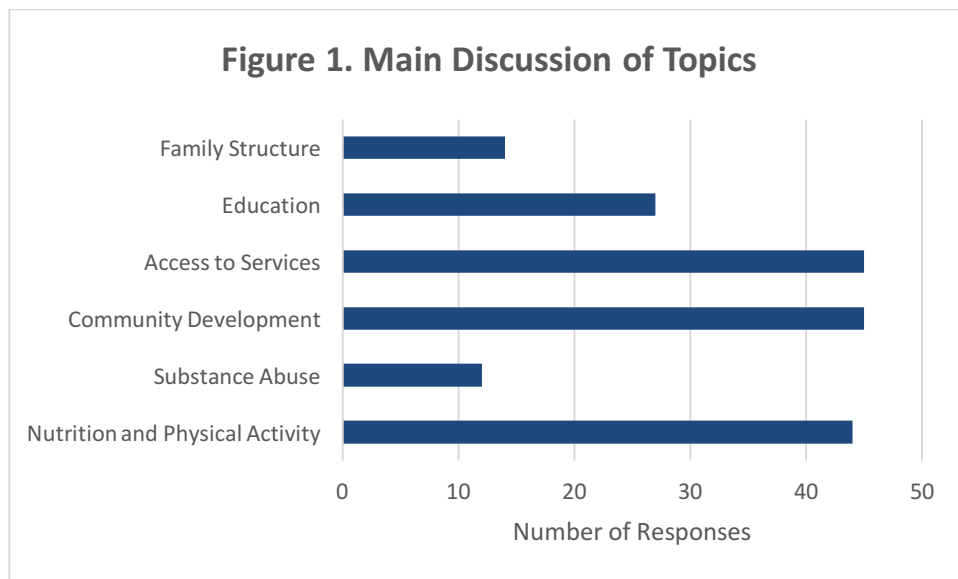


At the Lebanon meeting there were 36 attendees sitting around 6 tables. Data were captured using the World Café approach to large group discussion, which yields a set of notes taken by table moderators during small group discussions taking place over multiple rounds. For the purpose of the Community Health Roundtable Meetings, participants were asked to address in their conversations the question, “**What can you do to improve health in the community?**” At the end of two rounds of small group discussion, notes were collected from the table moderators, or “Table Hosts”, to be used for a final large group discussion to allow for further comment and clarification. These notes have been collated and analyzed with the results presented below.

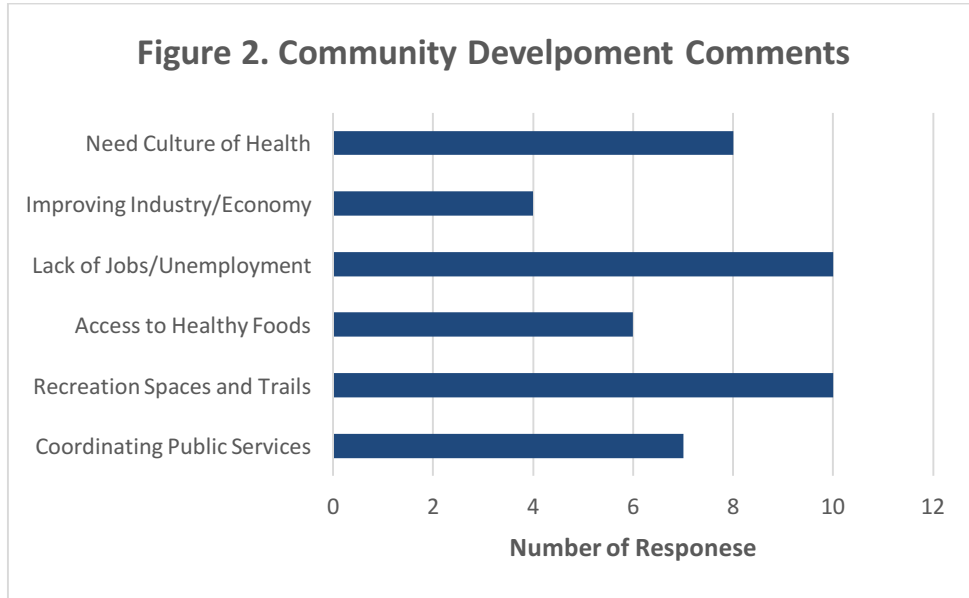
### **Main Topics of Discussion**

These are major categories of discussion among the participants, within which several sub-categories were identified.

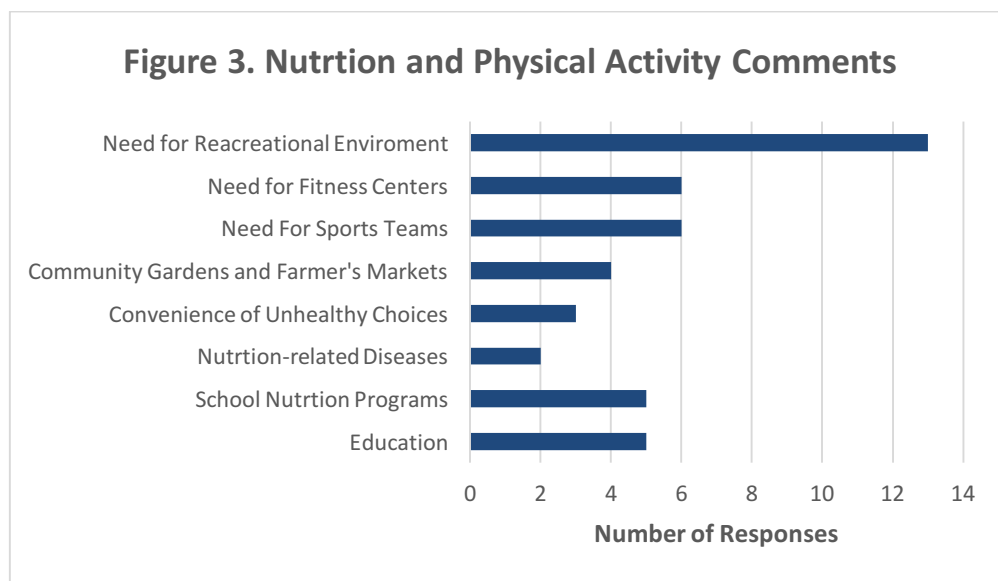
- Nutrition and Physical Activity
- Substance Abuse
- Community Development
- Access to Services
- Education
- Family Structure



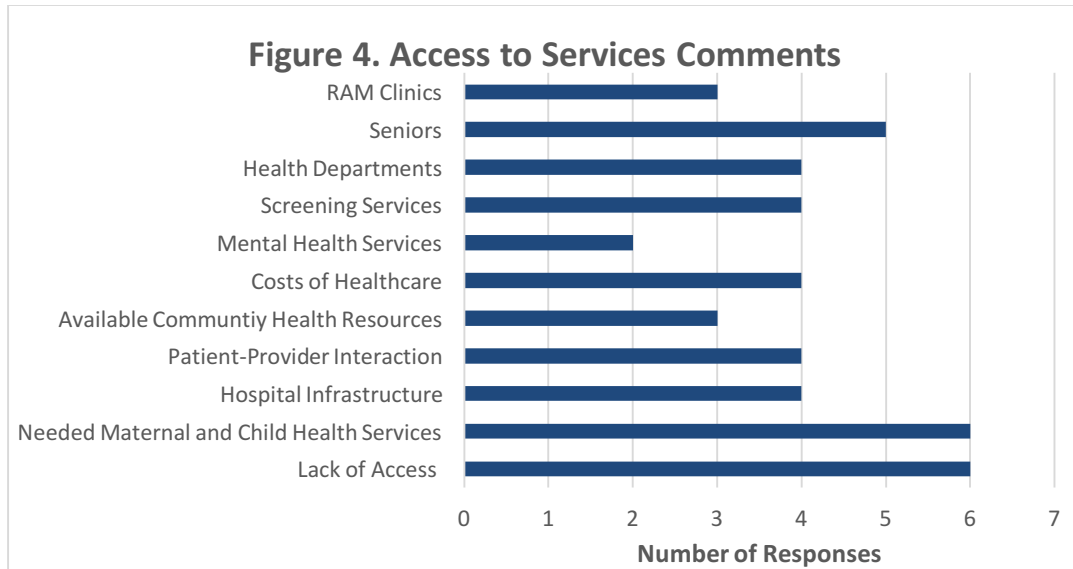
**Community Development** was characterized by concerns about establishing a culture of health, improving industry and the economy, lack of jobs/unemployment, access to healthy foods, recreation spaces and trails and coordination of public services. Figure 2 displays the rate of Comments in each of these categories.



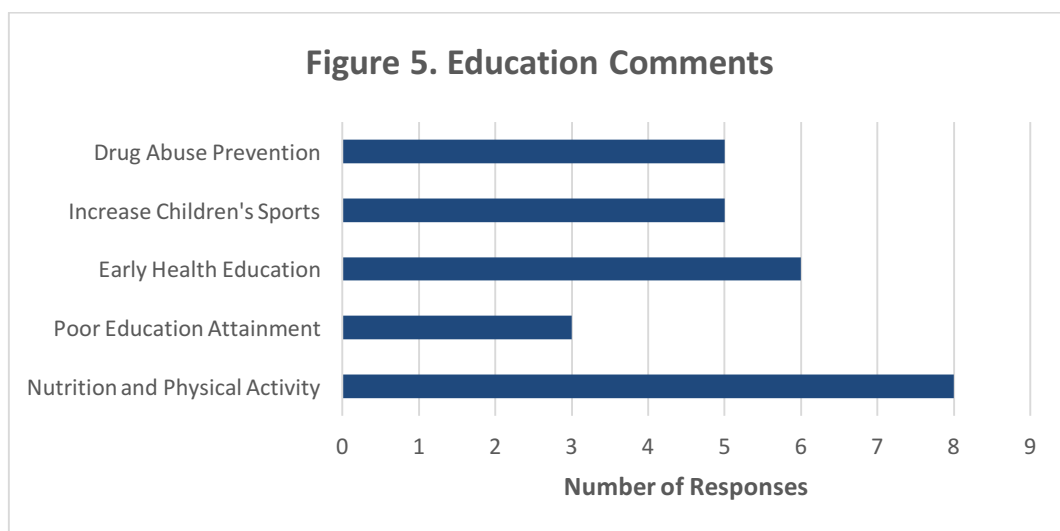
**Nutrition and Physical Activity** was a prominent concern among the meeting participants. People attending indicated a need for a recreational environment, need for more fitness centers and sports teams, community gardens and farmer’s markets, the convenience of unhealthy choices, nutrition-related diseases, school nutrition programs and education. Folks mentioned specific needs for exercise trails, children’s sports teams and fitness centers in the community. Figure 3 displays Comment frequencies for these subgroups.



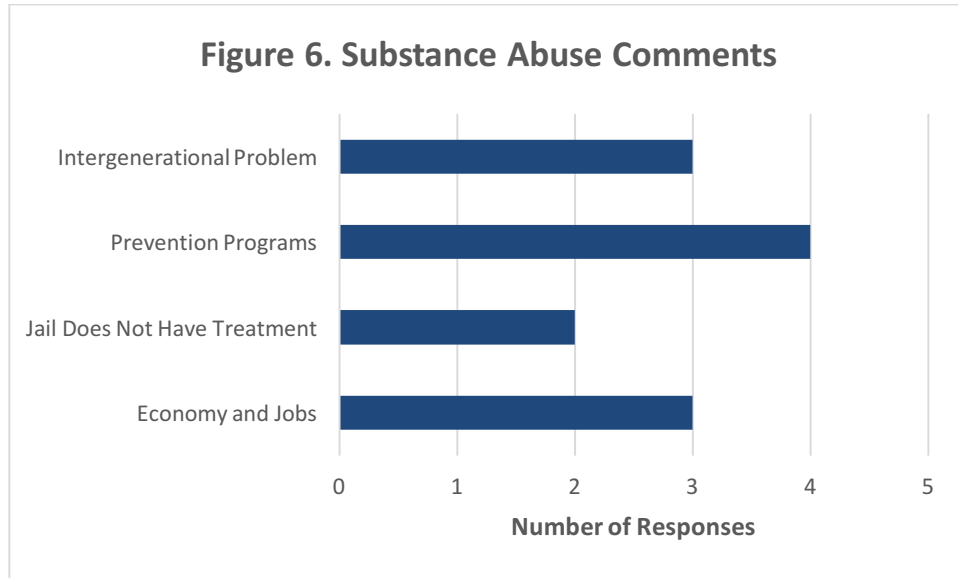
**Access to Services** was a major topic of concern among the attendees. In order to identify specific categories within the discussion around access, comments were broken out and considered individually. Topics under access to services included lack of access to services, maternal and child health services, hospital infrastructure, patient-provider Interaction, available community health resources, cost of healthcare, and the need for mental health services, screening services, health departments, seniors and RAM clinics. Programs needed ranged from pediatricians, transportation, seniors exercise classes and reduction of healthcare costs. Figure 4 illustrates the Comment distribution within this topic.



**Education** is a broad topic that was prevalent within the majority of discussion topics. Participants indicated the need for drug abuse prevention, increasing children’s sports, early health education, nutritional and physical activity as well as the problem of poor educational attainment. Ideas specific to the types of education, the targeted age group, as well as setting were included in this major topic. Subgroups within the topic were education children early, self-esteem, and the need more physical activity in schools. Figure 5 illustrates the Comment distribution within this topic.



**Substance Abuse** was another concern among the attendees. Focus areas within this topic included: jails lacking treatment for addicts, economy and jobs, the need for prevention programs and that it is an intergenerational problem. There were not any specific substances identified from the notes. Figure 6 shows the distribution of Comments around these categories.



**Family Structure** comments were considered separately from Community Development in order to identify specific culture and family structural concerns within the community. Focus areas within this topic included: family values, erosion of family structure, grandparents raising children, children needing responsibility and the need for disciplining children. Figure 7 shows the distribution of Comments around these categories.

