

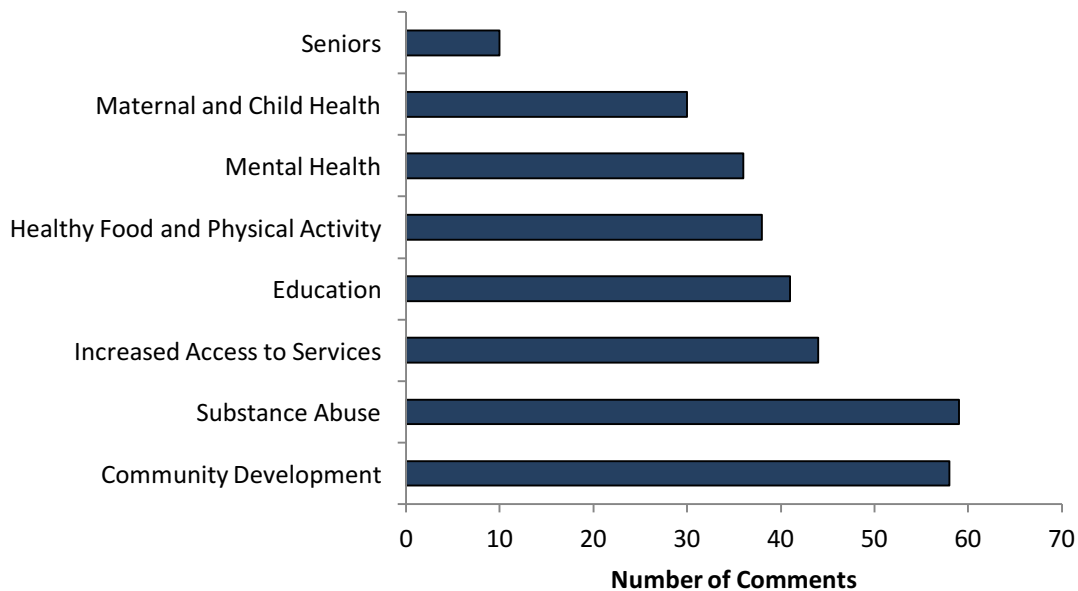
At the Elizabethton meeting there were 48 attendees sitting around 8 tables. Data were captured using the World Café approach to large group discussion, which yields a set of notes taken by table moderators during small group discussions taking place over multiple rounds. For the purpose of the Community Health Roundtable Meetings, participants were asked to address in their conversations the question, “**What can you do to improve health in the community?**” At the end of two rounds of small group discussion, notes were collected from the table moderators, or “Table Hosts”, to be used for a final large group discussion to allow for further comment and clarification. These notes have been collated and analyzed with the results presented below.

Main Topics of Discussion

These are major categories of discussion among the participants, within which several sub-categories were identified.

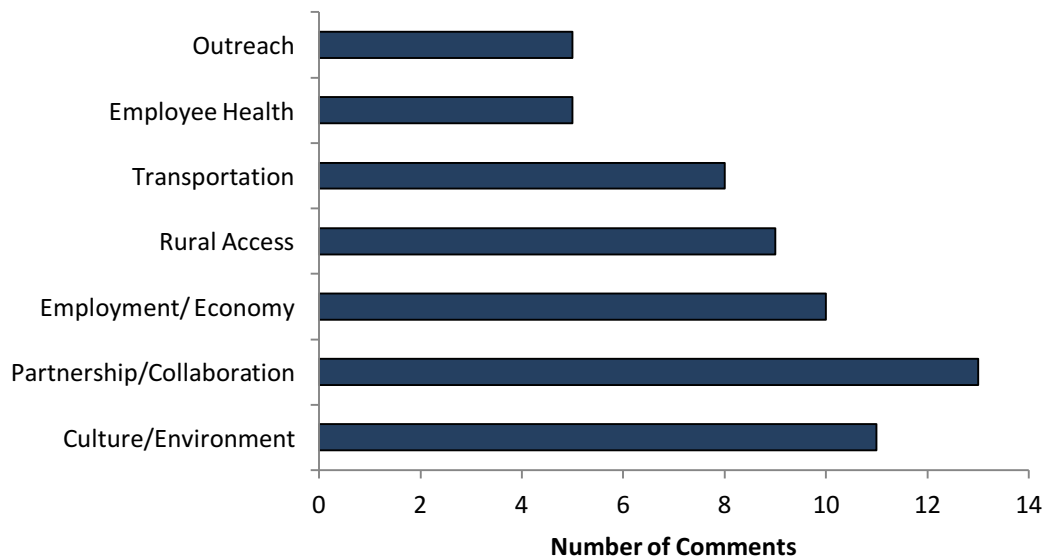
- Community Development
- Substance Abuse
- Increased Access to Services
- Education
- Healthy Food and Physical Activity
- Mental Health
- Maternal and Child Health
- Seniors

Figure 1. Main Discussion Topic Comments



Community Development was characterized by concerns about the local environment, employment, collaborative infrastructure (government and private sector partnerships), rural access to services, transportation, employee health and outreach. Figure 2 displays the rate of Comments in each of these categories.

Figure 2. Community Development Comment



Substance Abuse was the second largest topic of concern among the attendees. Focus areas within this topic included: treatment services access and development, prevention services, policy and programs, and education. There were three categories of substances identified from the notes (illicit drugs, prescription drugs, and tobacco) Figure 3 shows the distribution of Comments around these categories. Figure 4 displays the frequency of Comment for each of the three identified substances (illicit drugs, prescription drugs, and tobacco).

Figure 3 Substance Abuse Comments

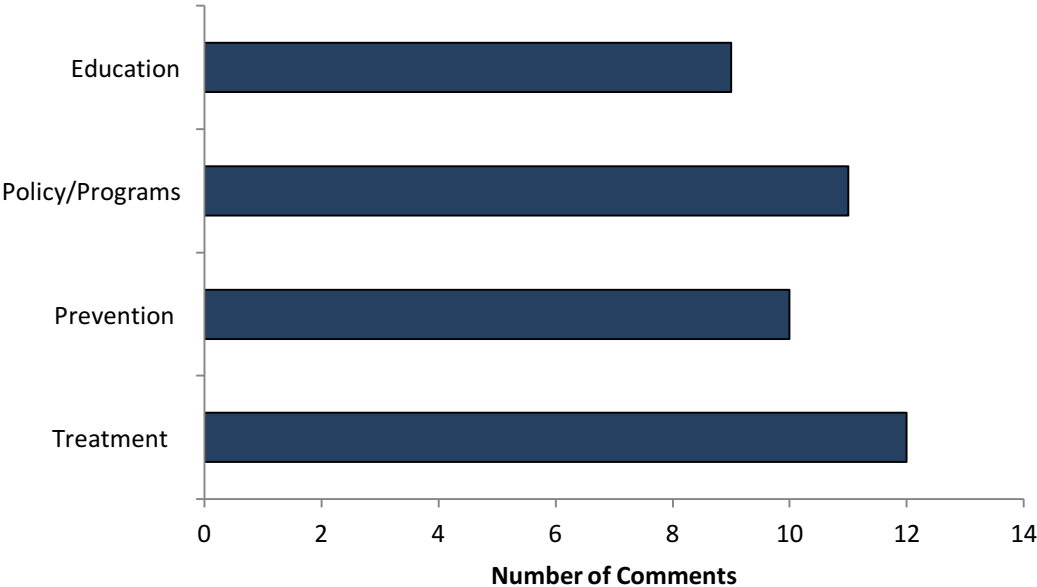
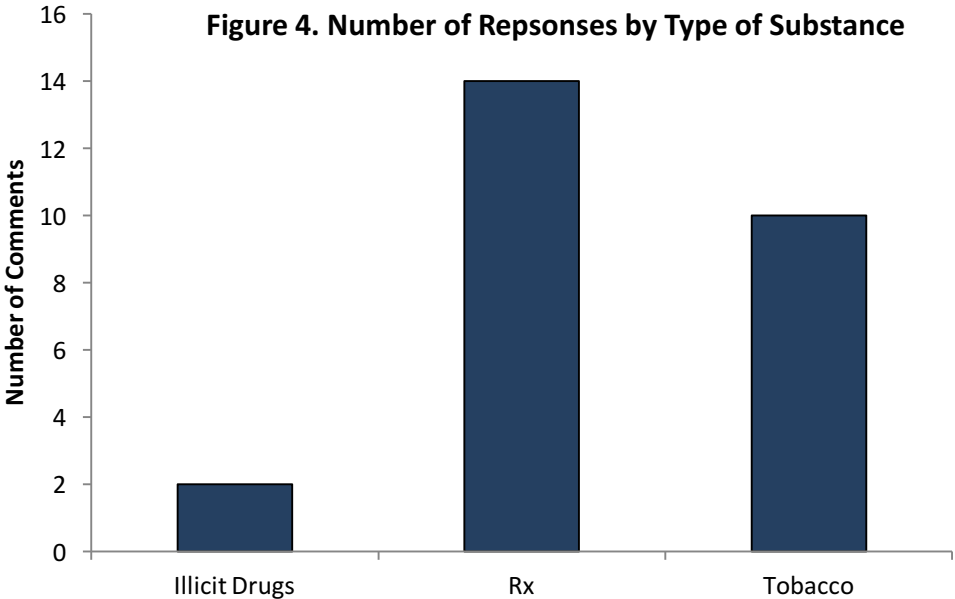
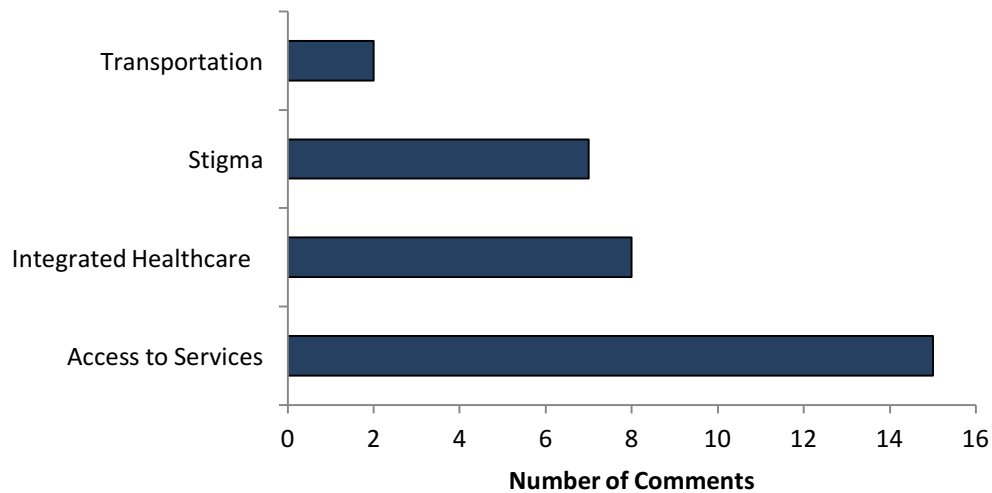


Figure 4. Number of Responses by Type of Substance



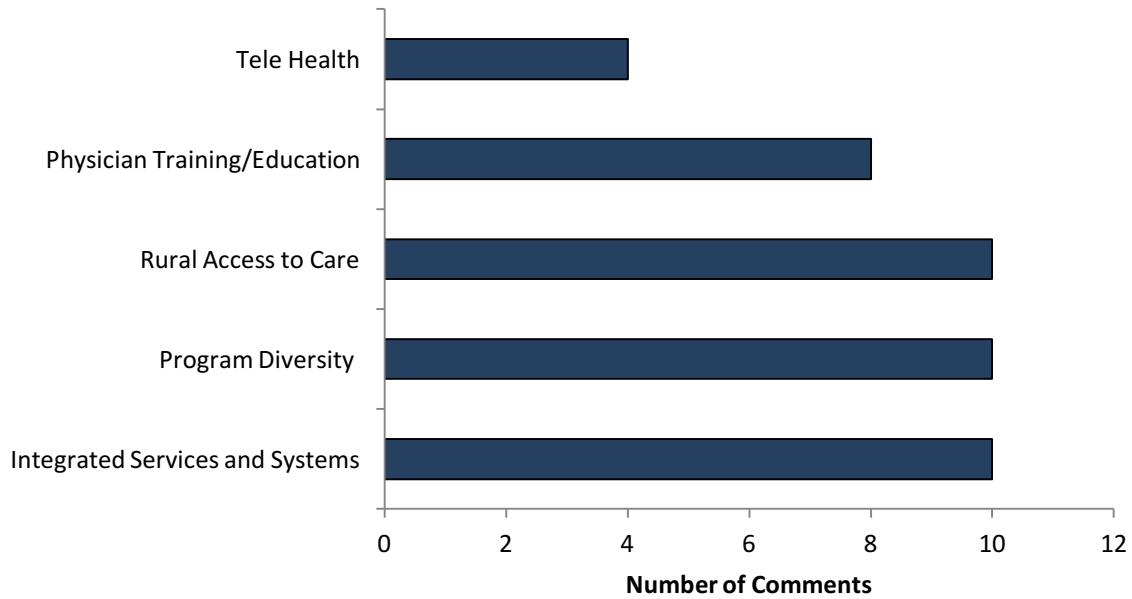
Mental Health comments were considered separately from substance abuse in order to identify specific mental health needs within the community. The discussion around mental health dealt with access to services, integrated healthcare, stigma, and transportation concerns. Many felt there was a lack of in and outpatient services in the region and that stigma was a big barrier to treatment for those who need it. Figure 5 displays Comment frequencies for this discussion topic.

Figure 5. Mental Health Comments



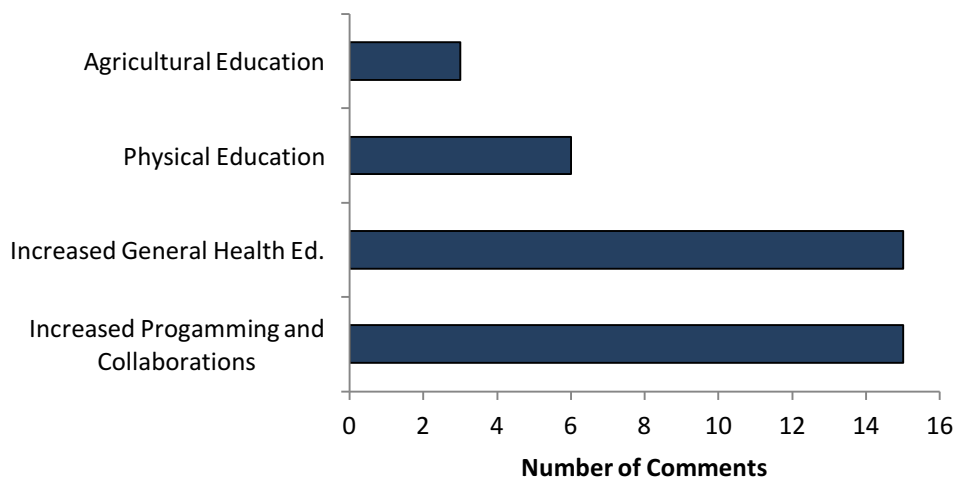
Increased Access to Services was a concern across all of the main topics of discussion. In order to identify specific categories within the discussion around access, comments were broken out and considered individually. Topics under access to services included integrated services and systems, program diversity, rural access to care, physician training/education, telemedicine. Integrated services and systems comments dealt with the need for collaborations between physicians, insurance companies and the community as well as a strong need for integrated data solutions. Program diversity included comments around the need for oral care and behavioral health in the primary care setting. Figure 6 illustrates the Comment distribution within this topic.

Figure 6. Increased Access to Services Responses



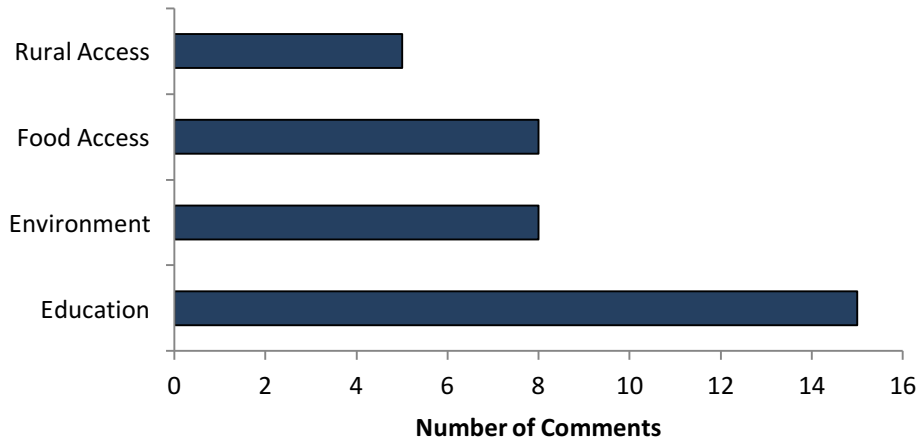
Education is a broad topic that was prevalent within every major discussion topic. Ideas specific to the types of education, the targeted age group, as well as setting, were included in this major topic. Subgroups within the topic were increased programming and collaborations, increased general health education, physical education, and agricultural education. Participants indicated the need for increased resources, education outside of the schools, and collaborative school system infrastructures. The agricultural education component dealt with the development of community and school gardens, a concept seen across the discussion topics. Figure 7 displays Comment frequencies within the subgroups.

Figure 7. Education Comments



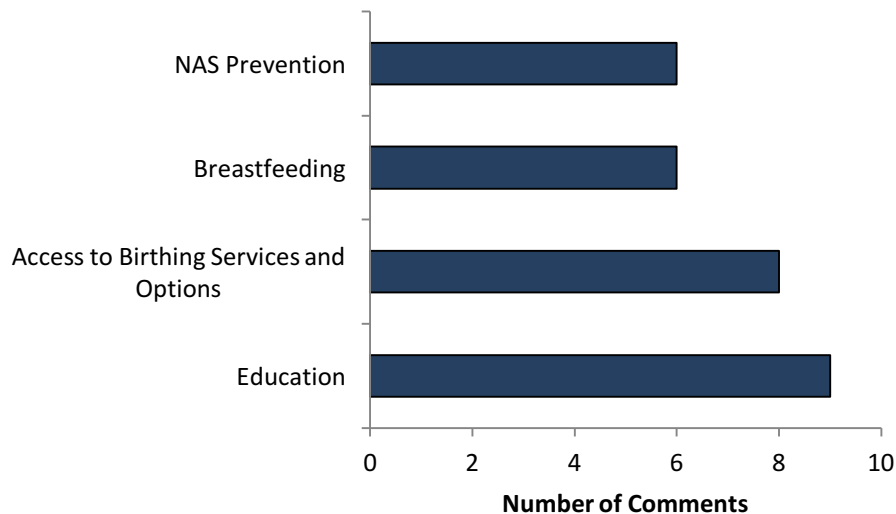
Healthy Food and Physical Activity was a prominent concern among the meeting participants. Folks indicated a need for education in the schools around nutrition and physical activity as well as the need for environmental changes and improvements to increase physical activity. Access to fresh food and the concept of food deserts was a concern expressed in the meeting. Sub-categories developed for this summary analysis include education, environment, food access, and rural access. Figure 8 displays Comment frequencies for these subgroups.

Figure 8. Healthy Food and Physical Activity Comments



Maternal and Child Health discussions were centered in large part around educating the community about risky behaviors and pregnancy. A large percentage of the comments on this topic also dealt with increasing access to birthing services and options such as midwives and mother-friendly childbirth. Participants also indicated a need to encourage breastfeeding within the community and a non-specific set of comments called for the prevention of NAS. Figure 9 displays Comment frequencies for this discussion topic.

Figure 9. Maternal and Child Health Comments



Seniors was the discussion topic with the least comments of all the categories. Participants citing this population as one in need of attention discussed the potential benefits of increased resources (family, housing, etc.), outreach efforts such as educating the public and increased engagement with the senior community through activities and collaborative centers. Figure 10 displays the Comment frequencies within this discussion topic.

Figure 10. Senior Comments

