

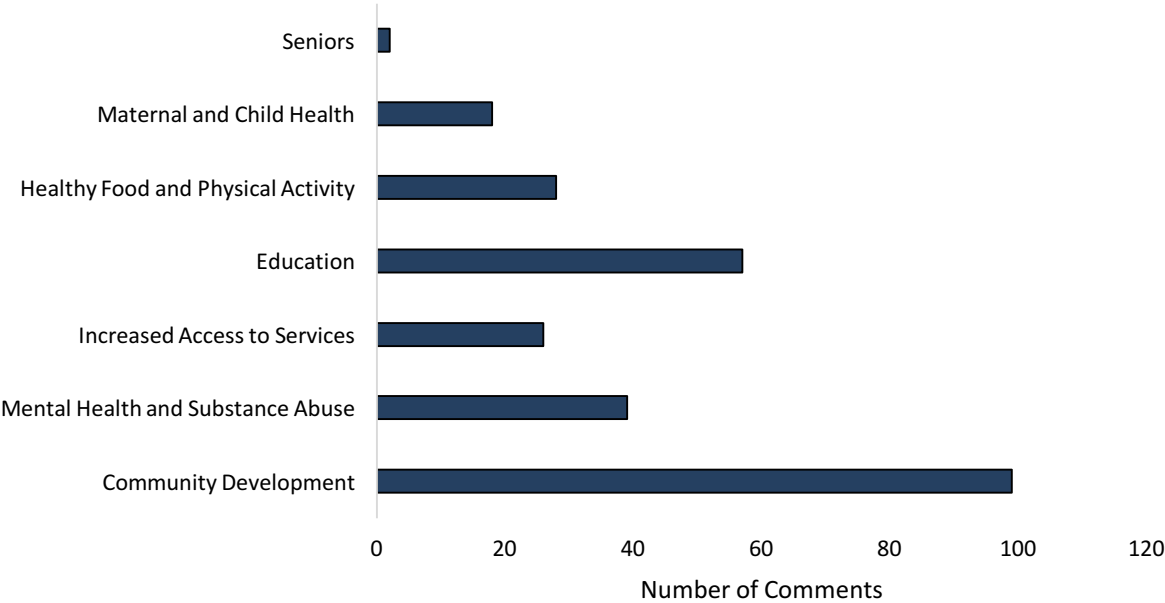
At the Abingdon meeting there were 40 attendees sitting around 8 tables. Data were captured using the World Café approach to large group discussion, which yields a set of notes taken by table moderators during small group discussions taking place over multiple rounds. For the purpose of the Community Health Roundtable Meetings, participants were asked to address in their conversations the question, “**What can you do to improve health in the community?**” At the end of two rounds of small group discussion, notes were collected from the table moderators, or “Table Hosts”, to be used for a final large group discussion to allow for further comment and clarification. These notes have been collated and analyzed with the results presented below.

Main Topics of Discussion

Below are the major categories of discussion among the participants, within which several sub-categories have been identified.

- Community Development
- Mental Health Substance Abuse
- Increased Access to Health Services
- Education
- Healthy Food and Physical Activity
- Maternal and Child Health

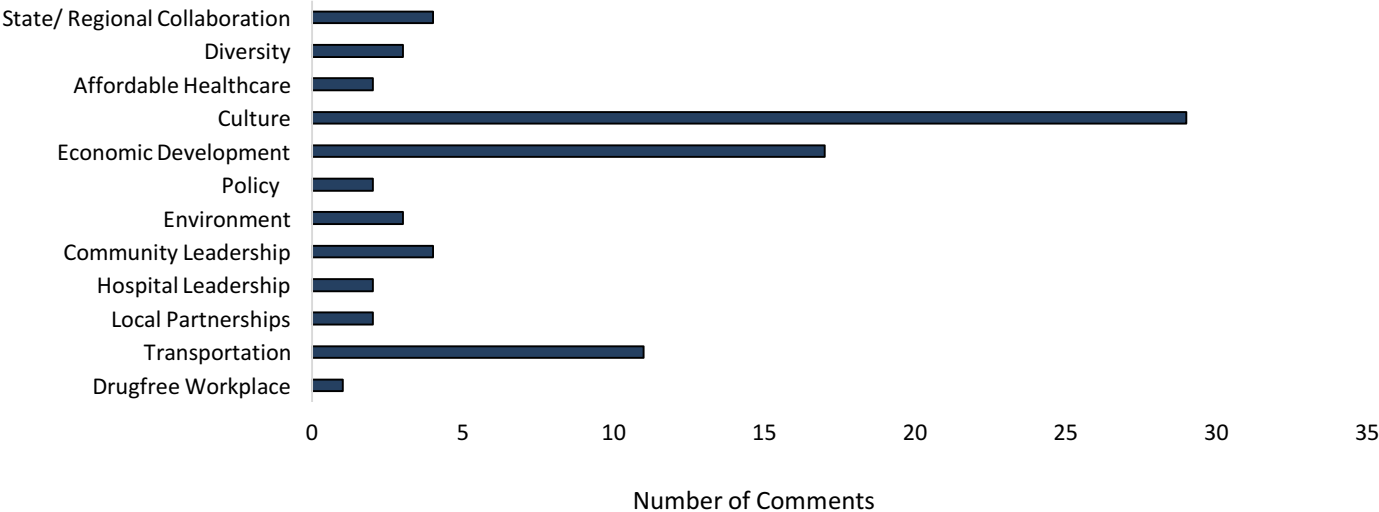
Figure 1. Community Comment by Discussion Topic Area



- Seniors

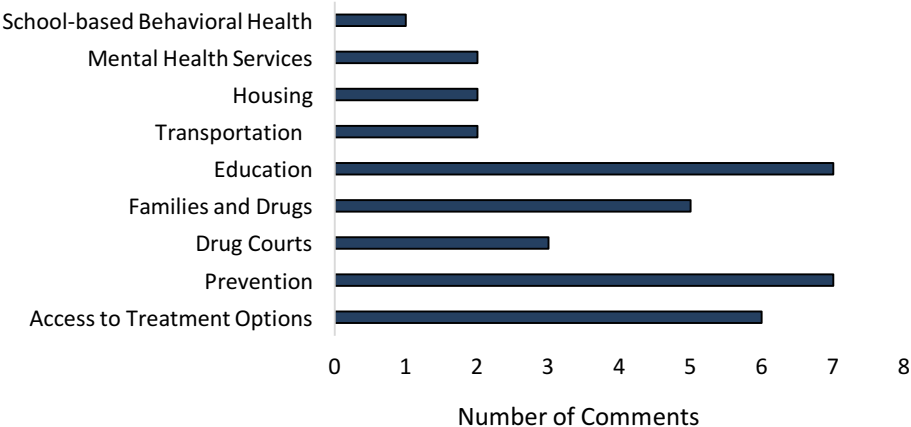
Community Development was a topic of discussion that dealt with the need for increased support and cohesion across the region to ensure a healthier community. Concerns within this topic included the local environment, economic development, the need for partnerships to increase resources for health care, transportation, employee health and outreach. Figure 2 displays the rate of Comments in each of these categories.

Figure 2. Community Comments on Improving Health through Community Development



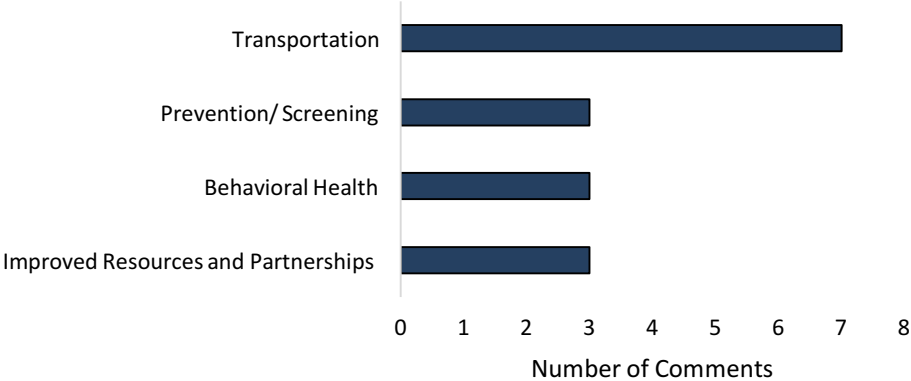
Mental Health and Substance Abuse was the third largest topic of concern among the attendees. Focus areas within this topic included: treatment services access and development, prevention services, policy and programs, family support, and school-based programming.

Figure 3. Community Comments on Mental Health and Substance Abuse



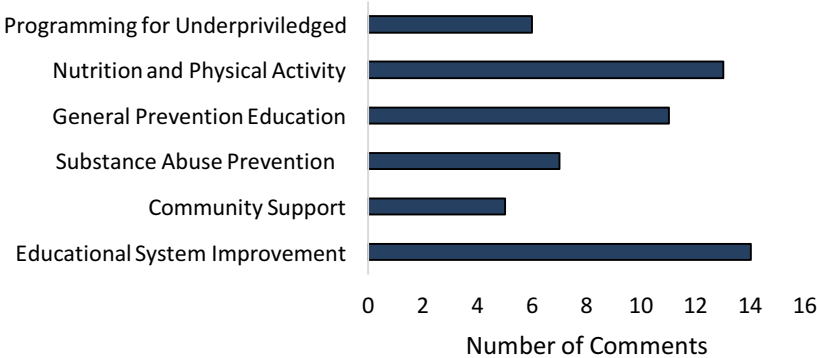
Increased Access to Services was a concern across all of the main topics of discussion. In order to identify specific categories within the discussion around access, comments were broken out and considered individually. Topics under access to services included transportation, prevention/ screening, behavioral health, and improved collaboration to better leverage resources. This last category, improved resources and partnerships comments dealt with the need for collaborations between physicians, insurance companies and the community as well as a strong need for integrated data solutions.

Figure 4. Community Comments on Ensuring Access to Health Care



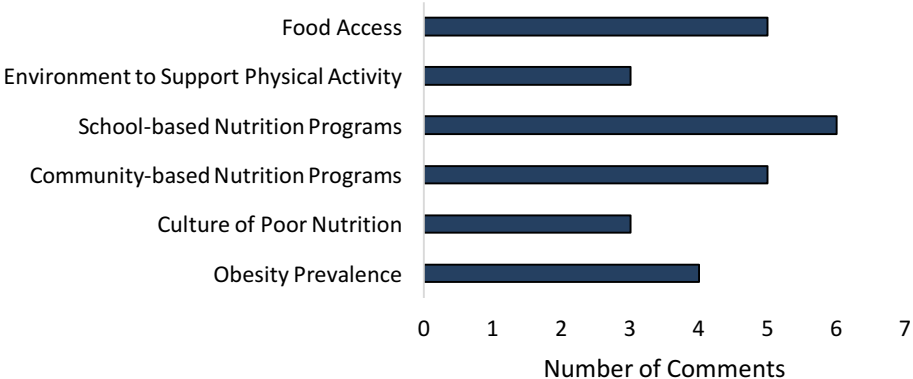
Education was the second most identified category of problem and potential solutions. Comments around this topic focused on the need to improve the current education system through community support and programs for underprivileged families. Attendees also cited a need for substance abuse education to reduce stigma and improve children and families resistance to substance abuse. An increase in prevention education including nutrition education was also called for by the group.

Community Comments on Education



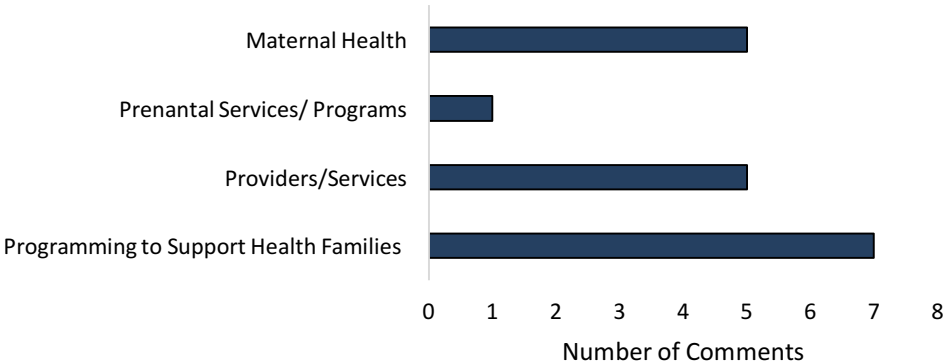
Healthy Food and Physical Activity was a prominent concern among the meeting participants. Folks indicated a need for education in the schools around nutrition and physical activity as well as the need for environmental changes and improvements to increase physical activity. Comment frequencies for these subgroups.

Frequency of Comments on Healthy Food and Physical Activity



Maternal and Child Health discussions were centered in large part around educating the community about risky behaviors and pregnancy. A large percentage of the comments on this topic also dealt with increasing access to services, maternal education regarding health and programming to support the family before and after birth.

Frequency of Comments for Maternal and Child Health



Seniors was the discussion topic with the least comments of all the categories. Folks concerned about the senior population called for more overall engagement by the community as well as increased resources brought to bear on keeping this population supported and healthy.